

Remember to Trust Beyond Understanding

1. Remember Who Your Source Is

Scripture:

- **Book of Deuteronomy 8:18**
- **Book of James 1:17**

During the fast we reminded ourselves:

- Provision does not come from the economy
- Provision does not come from strategy
- Provision comes from **God**

Application

Trust grows when we remember:

- Who provided before
- Who sustained us
- Who will provide again

We don't trust God because we understand everything.
We trust Him because we remember His faithfulness.

2. Trust Requires the Whole Heart

Scripture:

- ****Book of Proverbs 3:5**
- **Book of Jeremiah 17:7-8**

Key Thought

God is not asking for **partial trust**.

Not:

- Trust God **and** control everything
- Trust God **and** rely on your own plans

But:

Trust God with ALL your heart.

Heart in Proverbs means:

- Mind
- Will
- Emotions
- Decisions

Illustration

We often trust God with **eternity** but struggle to trust Him with:

- finances
- future
- church growth
- family needs

Partial trust keeps us anxious.

Whole trust brings peace.

3. Stop Leaning on Your Own Understanding

Scripture:

- **Book of Proverbs 3:5
- **Book of Isaiah 55:8–9**

We often lean on:

- logic
- experience
- fear
- control

But God's ways are higher.

Example

The fast was a moment of **recalibration**:

- less dependence on ourselves
- more dependence on God.

When understanding runs out, trust must take over.

4. Acknowledging God Realigns Our Path

Scripture:

- **Book of Proverbs 3:6
- **Book of Psalm 37:5**

To acknowledge God means:

- invite Him into decisions
- submit plans to Him
- seek His direction

Promise

He will make your paths straight.

Not:

- easiest path
- fastest path

But **the right path**.

Conclusion

- God **is our source**
- God **is trustworthy**
- God **will direct us**

So we **recalibrate our hearts** and **remember to trust Him fully**.