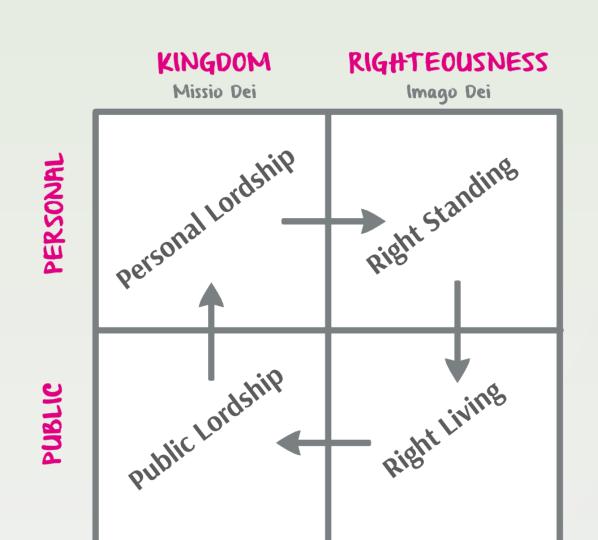
Grounded to Grow

Andre Greyling 7 April 2024









For this reason I bow my knees before the Father, from whom every family in heaven and on earth is named, that according to the riches of his glory he may grant you to be strengthened with power through his Spirit in your inner being, so that Christ may dwell in your hearts through faith—that you, being rooted and grounded in love, may have strength to comprehend with all the saints what is the breadth and length and height and depth, and to know the love of Christ that surpasses knowledge, that you may be filled with all the fullness of God.

Now to him who is able to do far more abundantly than all that we ask or think, according to the power at work within us, to him be glory in the church and in Christ Jesus throughout all generations, forever and ever. Amen.

Ep 3:14-21

Therefore, as you received Christ Jesus the Lord, so walk in him, rooted and built up in him and established in the faith, just as you were taught, abounding in thanksgiving.

Col 2:6-7



Blessed is the man who walks not in the counsel of the wicked, nor stands in the way of sinners, nor sits in the seat of scoffers; but his delight is in the law of the Lord, and on his law he meditates day and night.

He is like a tree planted by streams of water that yields its fruit in its season, and its leaf does not wither. In all that he does, he prospers.

The wicked are not so, but are like chaff that the wind drives away. Therefore the wicked will not stand in the judgment, nor sinners in the congregation of the righteous; for the Lord knows the way of the righteous, but the way of the wicked will perish.

Psalm 1

1. Build your foundation (Skiet Wortel)

Your outward successes are deeply rooted in the unseen effort you make.

Use this time to deepen in your understanding of Jesus and what He has done on your behalf.

These are your roots and they will support you as you reach upwards.

1. Build your foundation (Skiet Wortel)

How?

- Personal time of devotion to the Lord
- Reading Bible (NT)
- Time of Prayer and Worship
- Inner room retreats

..his delight is in the law of the Lord, and on his law he meditates day and night.

Ps 1:2

2. Nourish your soil

Under every strong tree is fertile soil, rich with nutrients. Your soil is the network of relationships, the knowledge you accumulate, and the well-being you nurture.

2. Nourish your soil

How?

- Attend Services and other gatherings with the aim to learn and grow
- Courses
- Small Groups
- Fellowship

Blessed is the man who walks not in the counsel of the wicked, nor stands in the way of sinners, nor sits in the seat of scoffers;

3. Know your season of growth

Just as a tree goes through seasons, you will too. There will be seasons of rapid growth, visible achievements, and when there isn't...Remember Who's you are, Stay planted in Jesus.

Recognize each season for what it is — a necessary phase in preparing you for what's next.

3. Know your season of growth

How?

- Season awareness
- Trust God
- Gear yourself

He is like a tree planted by streams of water that yields its fruit in its season

4. Patience and adaptability are your allies

"When we are no longer able to change a situation, we are challenged to change ourselves."

— Viktor E. Frankl

How?

- Find the meaning of your life!
- Jesus is!

5. Seek out light, but don't fear the dark

Focus on your representing Jesus, but don't shy away from the challenges/tests/trials.

See them as opportunities to learn and grow stronger just as the roots must do for the tree.

6. Remember you're not alone

Every tree in a forest started as a seed in the dark.

You're in good company.

Reach out, connect, and grow your community.

Be intentional

7. Allow the Spirit to bear it's fruit

Fruit does not come by effort.

To healthy trees fruit comes naturally.

Abide in me, and I in you. As the branch cannot bear fruit by itself, unless it abides in the vine, neither can you, unless you abide in me. I am the vine; you are the branches. Whoever abides in me and I in him, he it is that bears much fruit, for apart from me you can do nothing.

John 15:4-5

8. Hold onto hope (Hope = Jesus)

The very nature of growth suggests that after the darkness comes light, and after the resistance comes ease, and after the struggle comes strength.

God is Good and sometimes uses suffering and struggle to accomplish what He sets out to do in our lives.

Trust in your Hope!