

## 1. Opening Recap: Recalibrate (3–4 min)

### Key Thought:

Recalibrate means **bringing our lives back into alignment with God’s standard.**

- Drift is subtle — it happens slowly.
- Recalibration is intentional — it requires focus.

### Anchor Scripture (brief):

**Hebrews 12:1–2 (ESV)** — *“Looking to Jesus...”*

- **Illustration:**

A car that pulls slightly to the left doesn’t feel broken — until the journey is long. Drift isn’t obvious at first, but alignment matters over distance.

### Transition Line:

“Recalibration begins with remembering — because what we forget, we drift from.”

**We don’t usually forget God all at once — we forget Him slowly.**

**Not through rebellion, but through distraction. Not because we stop believing, but because life gets loud, busy, and full.**

**We forget when pressures rise, routines take over, and survival mode replaces intentional faith. We still show up, still serve, still sing — but our hearts drift while our bodies remain.**

**The Bible doesn’t warn us most about denial of God, but about forgetting Him.**

**That’s why Scripture so often says, “Remember.” Remember who God is.**

**Remember what He has done.**

**Remember who you are because of Him.**

## 2. Remember God’s Voice — His Word Revives (Psalm 19) (5–6 min)

### Scripture:

**Psalm 19:7 (ESV)**

*“The law of the Lord is perfect, reviving the soul...”*

### Teaching Points (concise):

- God’s Word is our **calibration tool.**
- Scripture doesn’t just correct us — it **revives us.**
- When God’s Word fades, spiritual drift increases.

### Illustration:

Like a compass recalibrated to true north — without it, every step feels right but ends wrong.

- **Key Line:**

*We can’t remember God rightly if we don’t regularly listen to Him.*

### 3. Remember God's Works — His Faithfulness Anchors Us (Psalm 77) (5–6 min)

**Scripture:**

**Psalm 77:11–12 (ESV)**

*"I will remember the deeds of the Lord..." Teaching*

**Points:**

- The psalmist moves from despair to hope by remembering.
- Memory is a spiritual discipline.
- Testimony strengthens faith — personal and communal.

**Illustration:**

Like old photos that remind you who you were and how far you've come — memory restores perspective.

• **Key Line:**

*When fear speaks, memory must speak louder.*

### 4. Remember Jesus — Our Centre & Foundation (NT Focus) (5–6 min)

**Scripture:**

**2 Timothy 2:8 (ESV)**

*"Remember Jesus Christ, risen from the dead..."*

**Teaching Points:**

- Christianity is not built on ideas, but on **Jesus**.
- We remember:
  - His life (example) ○
  - His cross (salvation) ○
  - His resurrection (hope)
- Recalibration is not self-fix — it's **Christ-focus**.

• **Illustration:**

Like adjusting a picture frame — when the centre is off, everything looks wrong.  
When Christ is central, everything aligns.

• **Key Line:**

*We don't recalibrate by trying harder, but by looking again at Jesus.*

**5. Response: How We Live Remembering (3–4**

**min) Three simple rhythms for the term:**

1. **Remember through the Word** — daily Scripture
2. **Remember through Testimony** — tell what God has done
3. **Remember through Community** — small groups Connect to **Gather – Grow – Go:**
  - Gather to remember God together
  - Grow as Christ shapes us
  - Go strengthened by His faithfulness

**6. Conclusion & Prayer (2–3 min) Summary Line:**

*Recalibration begins when we remember God, refocus on Jesus, and realign our hearts with His Word.*

**Prayer Focus:**

- “Lord, recalibrate my heart.”
- “Help me remember You rightly.”
- “Fix my eyes again on Jesus.”